

Sport



Exercising is a shared activity

A well-designed outdoor sports facility brings people of all ages and fitness levels together. Good muscle strength also prevents injuries and helps to maintain functional ability as we age. When training is safe and fun, up to three generations can share the fun in an outdoor sports area at the same time.

Outdoor gym equipment, parkour equipment and senior sports products create modern and versatile training conditions, regardless of age and fitness level. By combining equipment from different product groups, you can create an inspiring local outdoor fitness area for both everyday exercisers and active athletes.



Inclusive products

We want to create environments that are open to all. Our inclusive products allow everyone to move on their own terms. You can recognize these products in the catalogues from the yellow sun symbol.

Symbols



Product measurements. Length x width x height (mm)



Area of movement, length x width (mm) (EN16630)



Area of movement (m²) (EN16630)



Fall height (mm)

Fitness - a perfect workout for everyone

The Fitness equipment allows people of various levels of fitness to get a complete functional workout. The motion variations allow a fitness enthusiast to get a versatile training to build strength, stamina, speed and coordination. The equipment comes with info signs which have QR codes for viewing illustrated exercise instructions and videos in the form of a virtual coach.

The Fitness products feature four vibrant colour schemes which can be easily combined as impressive and inspiring themes. Wood and metal as materials create a durable framework for a tough workout.



ACTIVE

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Choose from four ready-made colour themes, or design your own colourful solution!

Learn more about products and theme colours: lappset.com





PLAY

SPORT

PARK

1 081265M Pull-up

2 081210M Back'n Abs

3 081205M Barbell S

4 081255M Battling Ropes

5 081220M Dip bar

6 081230M Monkey bars

081320M Fitness Park S



Products: 081205M, 081206M, 081255M, 081220M, 081265M, 081200M, 081201M, 081202M, 081210M, 081290M.

 L: 13900 W: 10500 H: 2425	 L: 13850 W: 10480
 121	 2320



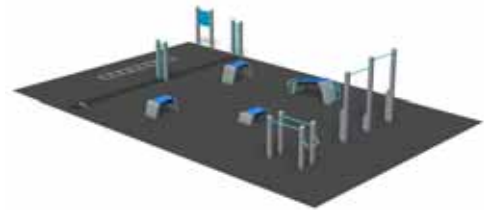
081321M Fitness Park S

Without free weights.

Size: 13,5 m x 8,5 m.

Products: 081255M, 081220M, 081265M, 081200M, 081201M, 081202M, 081210M, 081290M

 97,8	 2320
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081325M Fitness Park M

Products: 081290M x 2, 081200M, 081201M, 081202M, 081255M, 081210M, 081220M, 081265M, 081205M, 081206M, 081207M, 081275M, 081230M, 081236M, 081240M, 081250M.

 L: 21000 W: 13900 H: 4125	 L: 19150 W: 12700
 234	 2620



081326M Fitness Park M

Without free weights.

Size: 20 m x 10,5 m

Products: 081255M, 081240M, 081236M, 081250M, 081200M, 081201M, 081202M, 081220M, 081210M, 081265M, 081230M, 081290M

 175	 2620
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081330M Fitness Park L

Products: 081255M, 2 x 081290M, 081250M, 081230M, 081285M, 081220M, 081235M, 081275M, 081225M, 081210M, 081200M, 081201M, 081202M, 081240M, 081245M, 081205M, 081206M, 081207M.

 L: 22000 W: 15700 H: 4125	 L: 21910 W: 14900
 268	 2960



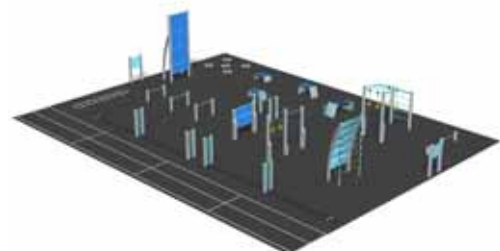
081331M Fitness Park L

Without free weights.

Size: 15,5 m x 20 m

Products: 081255M, 081240M, 081230M, 081235M, 081200M, 081201M, 081202M, 081245M, 081225M, 081236M, 081250M, 081220M, 081210M, 081290M

 237	 2960
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- 1 081220M**
Dip
- 2 081210M**
Back'n Abs
- 3 081235M**
Rope wall



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Learn more about products and theme colours: lappset.com

PLAY

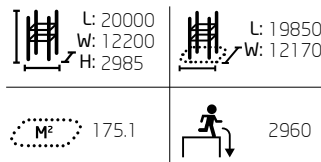
SPORT

PARK

081305M Fitness Track M

Without free weights.

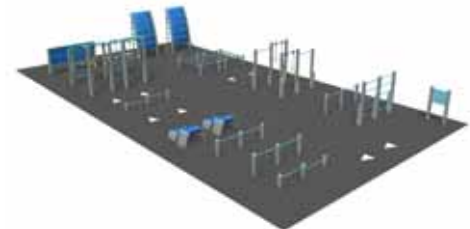
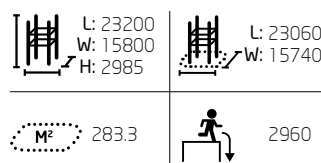
Products: 081290M, 081200M, 081201M, 081250M, 081282M, 081235M, 081245M, 081280M, 081236M, 081230M, 081225M



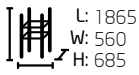
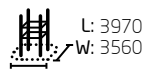


081310M Fitness Track L

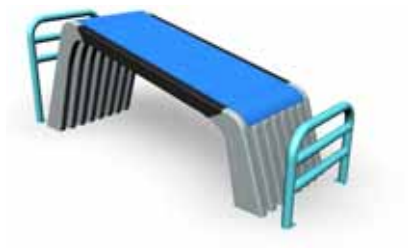
Without free weights.

Products: 081290M, 081200M, 081201M, 081250M, 081282M, 081235M, 081245M, 081280M, 081236M, 081230M, 081225M



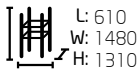
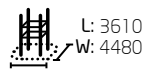


081210M
Back'n Abs

 L: 1865 W: 560 H: 685	 L: 3970 W: 3560
 12.2	 685



081220M
Dip



 L: 610 W: 1480 H: 1310	 L: 3610 W: 4480
 14.2	 1200



- 1 081205M Barbell S 2 081230M Monkey bars







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lappset.com

081225M

Push-up







 L: 2485 W: 125 H: 535	 L: 5485 W: 3300
 16.2	 435



081230M

Monkey Bars





 L: 2505 W: 1305 H: 2725	 L: 6505 W: 5605
 30.7	 2620



081205M

Barbell S



 L: 1600 W: 535 H: 2640	 L: 4600 W: 3535
 14.3	 0





Weight 25 kg. Not according to EN16630, see www.lappset.com for more information.



081206M

Barbell M



 L: 1600 W: 535 H: 2640	 L: 4600 W: 3535
 14.3	 0





Weight 35 kg. Not according to EN16630, see www.lappset.com for more information.



081207M

Barbell L



 L: 1600 W: 535 H: 2640	 L: 4600 W: 3535
 14.3	 0





Weight 45 kg. Not according to EN16630, see www.lappset.com for more information.



081275M

Dead Lift







 L: 1720 W: 550 H: 1310	 L: 4720 W: 3550
 14.8	 0

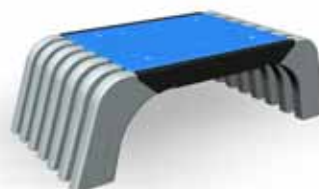
Weight 65 kg. Not according to EN16630, see www.lappset.com for more information.



081200M





Box S

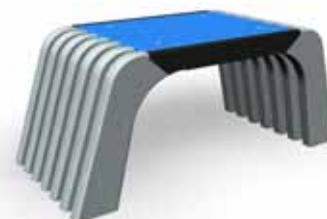
 L: 985 W: 485 H: 300	 L: 3985 W: 3485
 12	 300



081201M





Box M

 L: 1080 W: 485 H: 450	 L: 4080 W: 3485
 12.3	 450



081202M





Box L

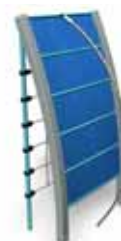
 L: 1180 W: 485 H: 605	 L: 4180 W: 3485
 12.6	 605



081235M





Rope Wall

 L: 1495 W: 765 H: 2985	 L: 6190 W: 4985
 25.6	 2960



081236M





Obstacle Wall

 L: 245 W: 1500 H: 1655	 L: 4700 W: 3320
 13.7	 1645



081240M

Medicine Ball Throw

 L: 780 W: 1490 H: 4125	 L: 3780 W: 4490
 15	 0







Weight 5 kg.







081245M Flying Rings



 L: 2485 W: 245 H: 2425	 L: 6190 W: 4135
 21.5	 2320







081250M Jumper

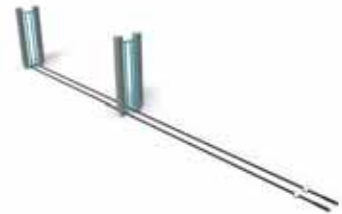
 L: 4125 W: 1305 H: 1005	 L: 7035 W: 4050
 26.6	 905







081255M Battling Ropes



 L: 7940 W: 550 H: 1480	 L: 8330 W: 5720
 34.5	 0







081265M Pull-up

 L: 2485 W: 240 H: 2425	 L: 6190 W: 4135
 21.5	 2320







081270M Dip'n Fly

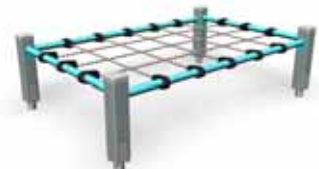


 L: 2970 W: 1480 H: 2430	 L: 6210 W: 4680
 23.6	 2320







081280M Leopard Crawl

 L: 2320 W: 1550 H: 705	 L: 5320 W: 4550
 22.3	 610



081282M





Ladders

	L: 245 W: 1305 H: 2220		L: 4865 W: 3850
	15.6		2110



081285M


Cargo Net Wall

	L: 1495 W: 1425 H: 1660		L: 4495 W: 4425
	18		1650



081290M

Info Sign

	L: 120 W: 890 H: 1650
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L05374

Streetworkout & Fitness 1

Products:

081245M, 081225M x 2, 081290M,
081655M, 081210M x 2

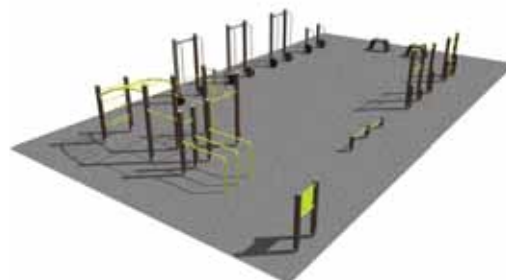


L05375

Streetworkout & Fitness 2

Products:

081657M, 081207M, 081206M, 081205M,
081275M, 081470M x 2, 081282M,
081245M, 081225M, 081290M



L05376

Streetworkout & Fitness 3

Products:

081650M, 081250M, 081236M, 081230M,
081200M, 081201M, 081202M, 081290M





1 081250M Jumper

Street Workout - bodyweight training and impressive strength

The Street Workout equipment enable effective and versatile bodyweight training. A compact training area can be adapted to even a small space because, for example, dip bars, chinning bars and pull-up bars are integrated into a single unit.

The Street Workout equipment have been developed in cooperation with the Finnish Street Workout association, and they are suitable for urban courtyard environments, playgrounds and jogging trails alike.



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1 081655M Street Workout M



PLAY

SPORT

PARK

081650M Street Workout S

	L: 3220 W: 1300 H: 2640		L: 6650 W: 5010
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	M ² 28		2220
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081655M Street Workout M

	L: 3220 W: 3070 H: 2640		L: 5650 W: 6520
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	M ² 36		2340
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081657M Street Workout L

	L: 5600 W: 3070 H: 2640		L: 9140 W: 7200
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	M ² 50.1		2530
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PLAY

SPORT

PARK

1 081655M Street Workout M

価格などご不明点はお問い合わせください